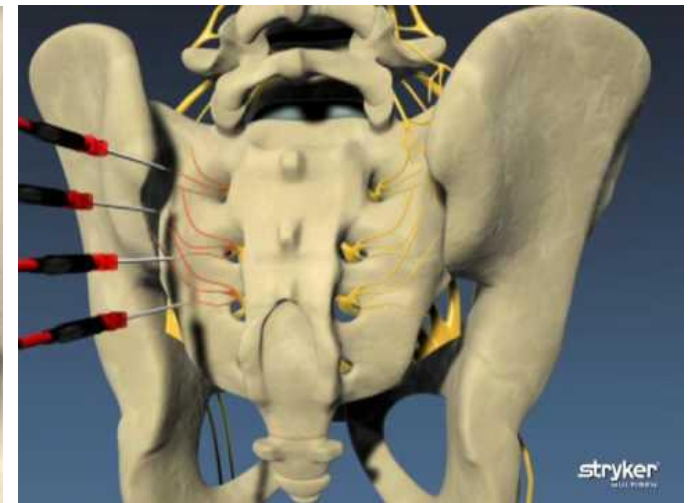
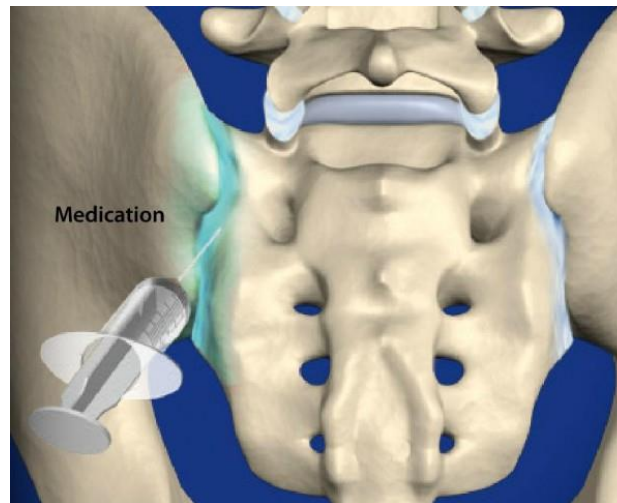


The sacroiliac joint is a firm, small joint that lies at the junction of the spine and the pelvis. Pain arising from the sacroiliac joint is a common cause of low back pain. Pain is often localized to one side of the low back but can be on both sides as well. Pain can also radiate to the groin, posterior thigh and on occasion below the knee.

The pain can range from an ache to a sharp pain. Difficulty turning over in bed, struggling to put on shoes and socks and stiffness in the lower back when getting up after sitting for long periods is also common. Treatment of Sacroiliac pain often includes anti-inflammatory medication and physical therapy. Sacroiliac joint injection can give pain relief as well assistance in diagnosing the source of pain. This injection often conducted with a numbing medicine and cortisone to calm down inflammation in the joint.

If significant temporary relief is obtained by injection but long lasting relief cannot be obtained, your doctor may consider radiofrequency treatment. This involves the placement of multiple radiofrequency needles within the joint space or adjacent to the nerves that supply the joint. The goal is to temporarily disable the pain nerves supplying the joint. This typically lasts for several months when effective.



Pre Procedure Instructions:

If you are taking blood thinners your pain physician may ask they be discontinued prior to injection. **Never stop these medications without permission from the physician prescribing them.**

Acenocoumarol	3 days
Aggrenox	7 days
Aggrastat	24 hours
Arixtra	4 days
Aspirin	7 days
Brilinta	7 days
Edoxaparin	2 days
Effient	7 days
Eliquis	3 days
Heparin	8 hours
Integrilin	24 hours
Lovenox	12 hours
Pentoxil	2 days
Plavix	7 days
Pletal	7 days
Pradaxa	6 days
ReoPro	3 days
Ticlid	14 days
Warfarin / Coumadin	5 days
Xarelto	3 days

Please call office if blood thinner is not listed

Ginger, Kava Kava, Clove, Willow Bark, Ginseng, Garlic, Gingko, Fish Oil, Vitamin A & E

If you are anxious about your procedure sedation can be provided. If you choose this option you must meet the following criteria.

- Come to your appointment with responsible adult driver.
- Fast for at least 6 hours prior to the procedure. Morning medications can be taken with a sip of water.
- Sedation is only available at certain locations and at certain times, please ask for details.

Physicians Pain Services

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Ste. 101
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(P) 636-442-5035
(F) 636-442-5036

SSM Pain Care Fenton

1055 Bowles Ave
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SACROILIAC JOINT INJECTION



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